InDuo™

Quick Reference Guide

See inside for instructions
on using InDuo™

Important:
Read detailed instructions
in your InDuo™ user manual

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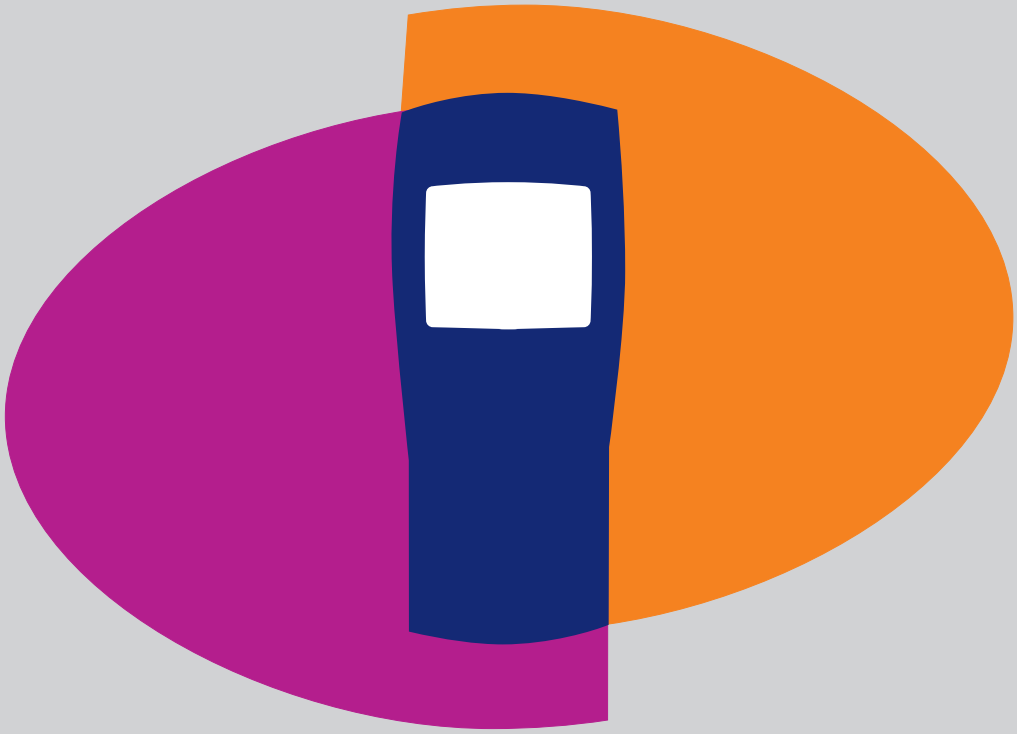
InDuo™ is designed to be used with:

- OneTouch® *Ultra* Test Strips
- OneTouch® *Ultra* Control Solution
- OneTouch® *UltraSoft*™ Adjustable Blood Sampler
- OneTouch® *UltraSoft*™ Sterile Lancet
- OneTouch® *UltraClear*™ Cap for alternate puncture site
- Penfill® 3 ml insulin cartridges
- NovoFine® 6 and 8 mm needles



CODING THE InDuo™ METER

Code meter before using it for first time and every time you change to another vial of OneTouch® *Ultra* test strips.

Step 1 Enter code mode

Start with meter turned off.
Insert test strip to turn on meter.
All display segments will appear, followed by code number.

Step 2 Match code numbers

Compare code number on meter display with code number on test strip vial. If matching, begin testing.
If not matching, see Step 3.

Step 3 Code meter

Press C until codes match.
After the apply symbol appears, meter is ready for testing.

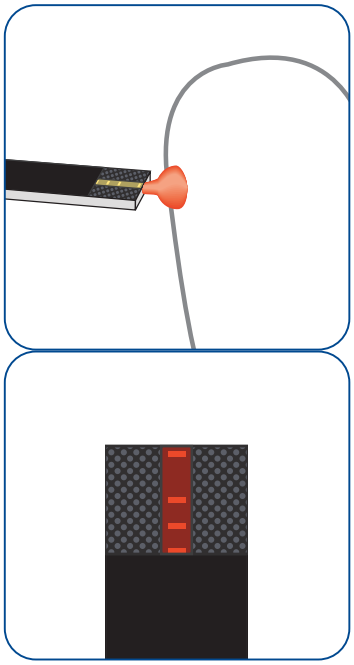
TEST SUMMARY

Note: Before testing, wash hands with warm, soapy water. Rinse and dry thoroughly. See InDuo™ user manual for important information on arm testing.

Step 1 Insert test strip

You can touch test strip anywhere on its surface. Once inserted, meter turns on automatically.

Step 2 Apply sample



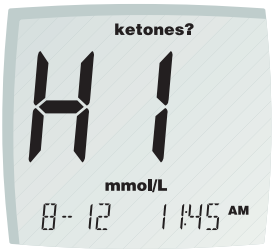
Touch and hold blood drop to **top edge** of test strip, where it meets narrow channel. Hold blood drop to **top edge** until confirmation window is **completely filled** before meter begins to count down. If window does not fill completely, do not add blood to test strip. Discard test strip and retest.

Step 3 Read results

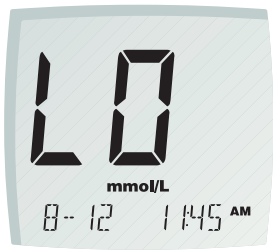
Accurate results in just 5 seconds.

DISPLAY SYMBOLS AND MESSAGES

A blood glucose test result with a suggestion to check your ketone levels



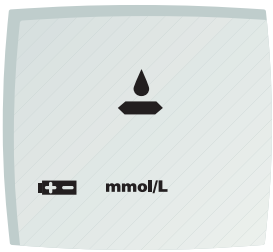
Blood glucose level is higher than 33.3 mmol/L (600 mg/dL). Recheck glucose level and if HI call your healthcare professional immediately



Blood glucose level is lower than 1.1 mmol/L (20 mg/dL). Treat this condition according to healthcare professional recommendation

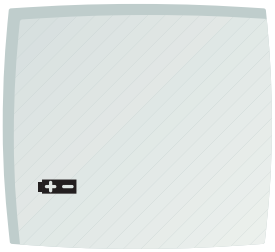
The temperature of the air, blood glucose meter, or test strips was below the operating range of the InDuo™ meter (6°–44°C/43°–111°F)

The temperature of the air, blood glucose meter, or test strips was above the operating range of the InDuo™ meter (6°–44°C/43°–111°F)



Battery power is getting low. You can complete about 50 more tests from the time this symbol first appears

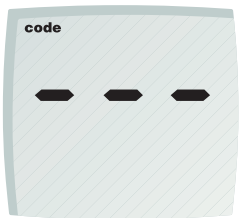
DISPLAY SYMBOLS AND MESSAGES



Battery power is too low to run a test. Replace the battery immediately

The time flashing on the display indicates the meter lost power briefly and entered setting mode. Reset time, time format, date and most importantly, **unit of measure (mg/dL or mmol/L)** as necessary. Typically, in Canada, you would use mmol/L. After setting meter, insert a new test strip. If - - - appears, reset meter code.

Test results stored in the meter memory may not be in the order in which they were performed. Do not rely on 14- and 30-day averages. Call the InDuo™ Customer Care Line at 1 888 729-2299



1. New meter not coded. Code meter. Or;
2. Meter lost power briefly and entered setting mode. Reset meter code. If after resetting and coding the meter, - - - still appears, call the InDuo™ Customer Care Line at 1 888 729-2299. **Possible meter memory problem; do not use 14- and 30-day averages**

Error message that indicates that there is a problem with the InDuo™ meter*

DISPLAY SYMBOLS AND MESSAGES

Error message could be caused by a used test strip or indicates a temporary or permanent electronics problem*

Error message. The blood or control solution sample was applied before appeared on the display*

Three possible reasons:

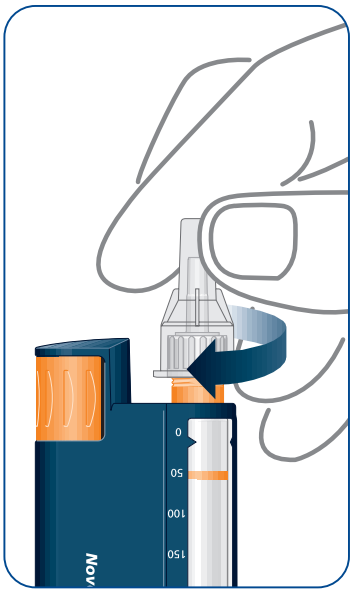
1. Possible high glucose in a test environment near low end of operating temperature range (6°–44°C/43°–111°F). Retest in a warmer environment. Or;
2. Test strip damaged or moved during testing. Repeat test with new test strip. Or;
3. Sample improperly applied. Review blood application and repeat test with new test strip.

Test strip damaged or confirmation window not full*

*** Retest with a new test strip. If the problem persists, call the InDuo™ Customer Care Line at 1 888 729-2299.**

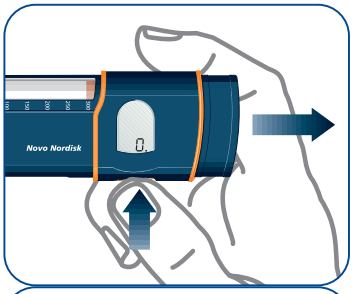
MAKING AN INJECTION

Step 1 Prepare the doser

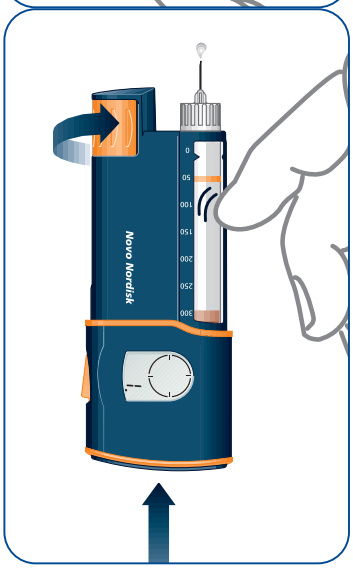


Pull out the InDuo™ insulin doser. If the insulin is a suspension (cloudy insulin) you must re-suspend the insulin as described in the Penfill® package insert.
Attach a NovoFine® 6 or 8 mm needle.

Step 2 Prime the doser

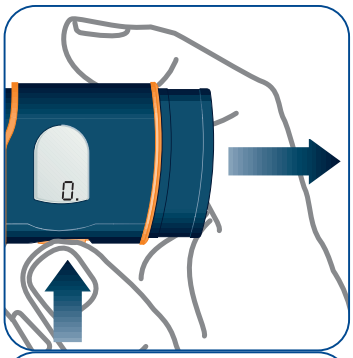


To prime the InDuo™ insulin doser, press the release button (the push button will jump out).

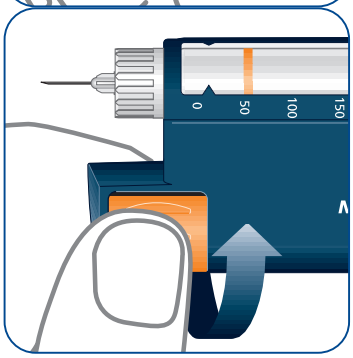


Dial 1 unit. (For new Penfill® dial 8 units). Hold the insulin doser with the needle pointing upwards and press the push button completely in. Repeat the procedure until a drop of insulin appears.

Step 3 Dial the dose

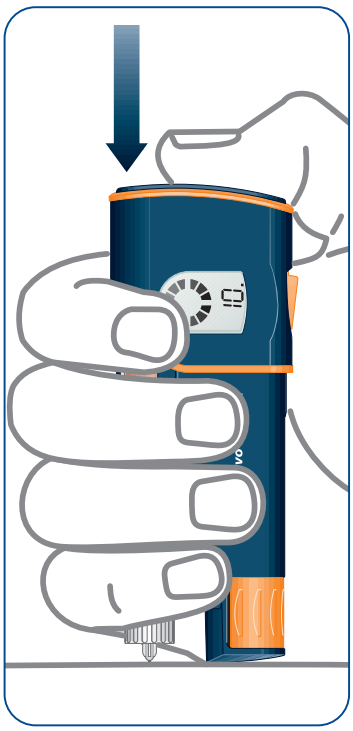


Press the release button and the push button jumps out.



Dial the number of units you need.

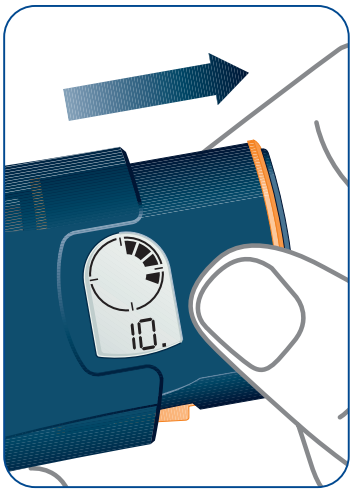
Step 4 Inject the insulin



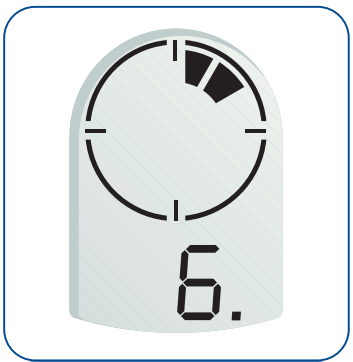
Follow the injection method recommended by your healthcare professional.
Press the push button completely in until it locks.
After the injection, discard the needle carefully.
Always replace the insulin doser into the meter cap.

CHECKING YOUR PREVIOUS INJECTION

Step 1 Look at the display



Pull out the InDuo™ insulin doser. The display shows your previous dose and the time passed since delivery.



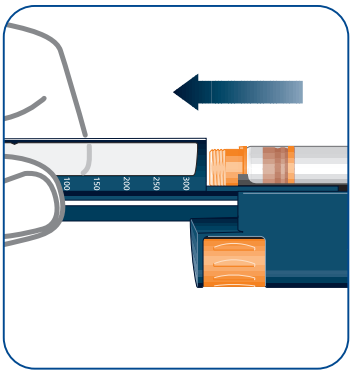
Example 1
You injected 6 units
2 hours ago.

Example 2
You injected 70 units
10 hours ago.

Example 3
You injected 18 units
6 hours ago.

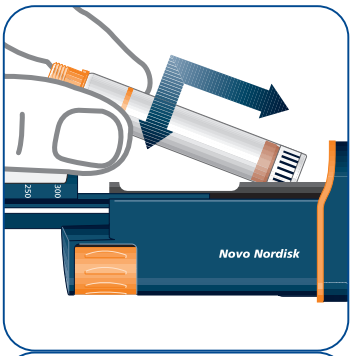
CHANGING PENFILL®

Step 1 Take out Penfill®

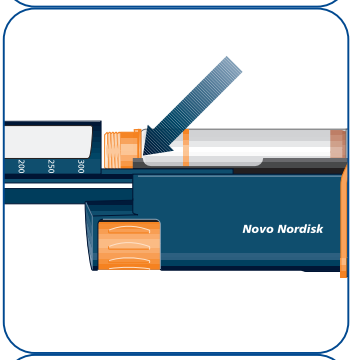


Make sure that the push button is pressed in completely.
Open the slide.
Take out the used Penfill®.

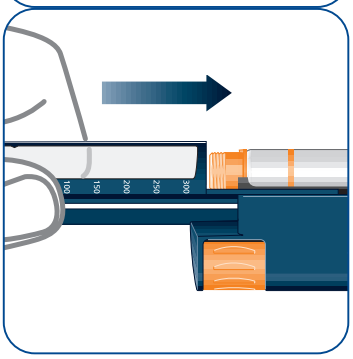
Step 2 Insert a new Penfill®



Check that the new Penfill® is intact (e.g. no cracks).
If the insulin is a suspension (cloudy insulin) re-suspend the insulin as described in the Penfill® package insert.



Insert the new Penfill® into the InDuo™ insulin doser by pushing it slightly backwards as shown above.



Close the slide completely and replace the meter cap.

For assistance, call the
InDuo™ Customer Care Line at
1 888 729-2299

Manufactured by:

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Milpitas, California 95035, U.S.A.
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